

SEPTEMBER ISSUE 2026

Adlington Life

The best things in life are worth making time for.



**The first step can
change everything**

**The joy of giving
something back**

**A different way
to think about
winter**



Welcome

September always feels like a month of change. Summer gives way to autumn, routines return and, perhaps without even realising it, we start thinking about the months ahead. But preparing for the colder seasons should perhaps mean more than servicing the boiler or finding the warmer coats.

This month also made us think about another kind of season: the stage in life when we finally have more opportunity to enjoy everything we've gathered along the way. Friendships, experience, knowledge, confidence and, perhaps most precious of all, time.

But later life shouldn't simply be about enjoying the things you've already nurtured. There can still be plenty of new seeds to plant too: new friendships, new experiences, new interests and new chapters.

I hope this issue inspires you to enjoy what matters most to you, and perhaps to think about what you'd still like to grow in life.

Dr Ed Gladman
Chief Executive Officer



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AdlingtonRetirementLiving
 @AdlingtonLife

ADLINGTON
— RETIREMENT LIVING —

September



- 01** Start of Autumn
- 07** National Read a Book day
- 09** Emergency Services day
- 13** Grandparent's day
- 22** Autumn Equinox
- 23** National Fitness day
- 29** World Heart day



Join us for an event near you

Visit our location pages to see what's on.

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British tastes never stand still. Here are three foods you might soon find appearing in a kitchen, restaurant or supermarket near you.

03



01 The autumn equinox occurs in September in the Northern Hemisphere. What does the word equinox literally mean?

02 Which English poet wrote 'To Autumn', beginning with the famous description of a "Season of mists and mellow fruitfulness"?

03 Which planet has the shortest day in our Solar System, completing one rotation in roughly 10 hours?

04 Which British monarch was on the throne when the Great Fire of London began in September 1666?

05 What name is given to the process by which deciduous trees withdraw useful nutrients from their leaves before shedding them?

06 Which king defeated Harald Hardrada at the Battle of Stamford Bridge in September 1066, shortly before marching south to Hastings?

07 Which fruit, belonging to the rose family, traditionally provides the principal ingredient in Perry?

08 Which chemical element, essential for producing haemoglobin, has the atomic number 26?

09 Which artist's 1889 painting The Starry Night depicts the view from his asylum room at Saint-Rémy-de-Provence?

10 Which composer wrote The Four Seasons, including the concerto, Autumn?

ANSWERS ON PAGE 13

Sometimes the hardest part is simply deciding you're ready

Moving house is a big decision at any stage of life. When that home holds decades of memories, it's understandable to wonder: Am I ready? What if I regret it? Perhaps I'll leave it another year.

But an interesting thing happens when we make a positive change.

Confidence doesn't always come before the decision. Sometimes it comes afterwards.

Psychologists call our belief in our ability to handle situations self-efficacy, and research suggests that one of its strongest sources is successful experience. In other words, taking a manageable first step and discovering that we can

cope can give us greater confidence to take the next and enjoy the outcome¹.

That's certainly something we hear from our homeowners.

Joan and Bill had lived in their family home for more than 46 years and Joan remembers asking themselves:

"Are we doing the right thing?"

Joan was initially more certain than Bill, but after talking it through, they decided to take the step. Looking back, Bill describes it as "the best thing we ever did".

John, who initially wanted to delay moving for another five years, now reflects:

"Having done the move, I now think that we did it at the right time."



"It was absolutely the right decision."

Joan and Bill

Perhaps that's the lesson. You don't have to feel completely ready to start exploring, as sometimes the first step isn't making a decision at all, it's simply discovering what you might actually be ready for.

¹Source: Research on self-efficacy, Australasian Journal on Ageing, 2022

Try Before You Buy

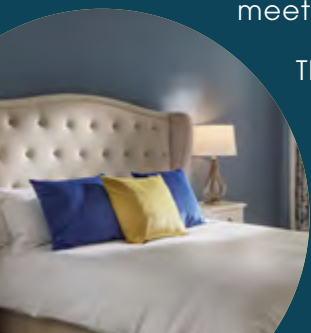
Much more than a visit. Try the lifestyle.

Our personal tours will show you around and help answer any questions, but a two-night Try Before You Buy stay gives you time to discover what life here could really feel like.

Settle into our dedicated guest apartment and experience the community at your own pace. Enjoy complimentary lunches in the table-service restaurant, relax with a coffee in the lounges, explore the gardens and socialising spaces, and, most importantly, meet some of the homeowners who already call it home.

There's no better way to picture everyday life than by living it for yourself.

Book a stay, take your time and see if it feels like the perfect place to enjoy your next chapter.



Don't worry about the move. Look forward to what comes next.

With Adlington, you'll have practical, financial and personal support at every step towards your new chapter, in six simple steps:

COME AND EXPLORE



05

01

Book a tour and we'll listen to what matters to you, answer your questions and help you decide whether retirement living feels right.

CHOOSE YOUR APARTMENT



02

Enjoy a complimentary free trial stay to help you decide.* Once reserved, we'll hold your chosen apartment for you for up to three months while you get things moving.*

GET YOUR HOME MARKET READY



03

With free downsizing support, we'll give advice to help you sort, declutter and prepare for your move.



LET US REMOVE THE STRESS



04

Our part-exchange service helps you settle sooner.* Sales progression support helps coordinate the journey, and we can help with legal fees.*

MAKE THE MOVE



05

We'll lighten the load, with a **complimentary guest suite stay, lunch in our restaurant, a welcome hamper, Champagne, new home demonstration and a full day's handyman service.**

START ENJOYING LIFE



06

The support doesn't stop on moving day. Your on-site team, the restaurant, gardens and socialising spaces are all part of making everyday life easier.

Take the first step today so you look forward to a memorable 2027, for the right reasons.

*Terms and conditions apply, see website or call for details.



MEET THE TEAM

Karen McDonald

SENIOR SALES PROGRESSOR

Moving house is a big step at any age. When the home you are leaving may have been part of your life for decades, there can be a lot to think about. Having somebody to guide you through the process can make all the difference. That's where Karen comes in.

As Adlington Retirement Living's Senior Sales Progressor, Karen supports our homeowners from the point at which they reserve their new apartment right through to completion, helping to keep every part of their move on track.

Guiding you through your move

Karen joined Adlington Retirement Living in 2018 as a Senior Sales Consultant and later became Senior Sales Progressor, drawing on more

than 40 years' experience in residential sales and financial services to help homeowners navigate every stage between reserving their apartment and moving in.

Karen now looks after sales progression across every Adlington community, working closely with homeowners, sales teams, estate agents, solicitors and Adlington's legal team.

The experience she has built up over the years means she understands the whole process, from the first stages of selling a property to the legal work involved in completing a purchase.

For some homeowners, having somebody to explain what is happening and ask questions on their behalf can be particularly reassuring.

"A lot of people don't like asking questions of solicitors," Karen says. "Sometimes they have lost a partner who might

have been the person who dealt with the finances, paperwork and many of the practicalities of running their home.

"Ultimately, all the decisions are theirs, but I'm a sounding board for them. I'm someone they can chat to about the stresses and strains. I can get answers for them, explain things in more detail and guide them on to the next stage."

Keeping things moving

A big part of Karen's job happens behind the scenes. She keeps in touch with everybody involved in the chain, checking progress and spotting anything that might be causing a delay.

"I speak to the whole chain and make sure that everything is moving," she explains. "If I see something that is slipping or should have been picked up, I'll chase the relevant person and make sure it's being dealt with."

Over time, Karen has built relationships with many of the professionals she works with regularly, which can help her get the answers homeowners are waiting for. She also visits Adlington communities so that people can meet her in person rather than knowing her only as a voice at the end of the phone.

Just as importantly, she makes sure homeowners know when they will hear from her again.

"If I say, 'I'll give you a ring on this day,' then I ring them. If you promise, you deliver. Even if it's to say, 'I'm awfully sorry, I'm still trying to get an update.'

"Then we might talk about what they've been doing that week or whether they've been shopping for their new apartment. It's not just the legal paperwork. Empathy and excitement are important too."

Becoming part of the community

While Karen is helping to keep the practical side of the move on track, she also enjoys hearing about future homeowners getting to know their new community. They might visit to measure up their apartment or come along to coffee mornings, garden parties, barbecues and other activities.

"We have some people who come to regular things like yoga classes and start building relationships with the homeowners who are already there," Karen says. "By the time they move in, they've already got friends."

Behind the scenes, the team is getting ready too. Once a moving date is agreed, the apartment is checked, any final jobs are completed and it receives a "sparkle clean", ready for its new owner.

For Karen, some of the most rewarding moments come after the move.

"I think the best part for me is seeing people who, when you first met them, were a bit overwhelmed. Perhaps they'd lost a partner and were facing the move by themselves. They may have family, but they could live quite a distance away, so you're able to be there for them and help them through it.

"Then, after they've moved, you go and visit and you see them blooming and enjoying life. They're saying, 'I can't stop because I'm off to do this.' That's so rewarding."

Karen recently received a card from a couple she had supported through their move. They told her that her positivity had lifted their spirits, that she had always been "in their corner" and that they didn't think they would have made it to their new home without her.

Family, football and four-legged friends

Away from work, Karen's life is every bit as busy. She and her husband George live in Rainhill, between Liverpool and Manchester, and have been together for 44 years. They have three children and nine grandchildren, aged from three to 16.

Much of Karen's spare time is spent supporting her grandchildren, whether that means standing beside a football pitch or heading to a karate competition. A recent family cinema trip saw the whole clan take over the back row.

Karen is particularly pleased to have her family nearby again. Two of her daughters previously lived overseas, one in Dubai and the other in Spain.

"A relationship on WhatsApp or Teams isn't the same as a cuddle," she says. "It's nice that they're close."

Karen's family also includes Mia, a seven-

year-old German Shepherd; French Bulldogs Louis and Bonnie; Peaches, a seven-month-old British Shorthair kitten; and Danty, Karen's 36-year-old retired Irish Sport Horse.

Karen and her daughter used to ride Danty, who has been part of their family for more than 20 years. Danty's days are now rather more relaxed.

"My husband calls her my glorified bunny," Karen laughs. "He says, 'You feed her and muck her out and she doesn't do anything!'"

Peaches, meanwhile, is at the opposite end of the age spectrum and has quickly made herself at home.

"She's like a little mountain goat. She can climb anything. She's on top of the kitchen cupboards and everything at the moment."

With nine grandchildren, three dogs, a kitten and a retired horse, there isn't a great deal of spare time left over. But family and work provide Karen with plenty to enjoy.



I really enjoy my job. When everything finally comes together and you know you've helped somebody through their move and they're happily settled in their new home, it's just lovely. Outside work, I enjoy watching my grandchildren flourishing.



Spring Wreath Making



There's always something to look forward to

From relaxed get-togethers and delicious food to entertainment, activities and opportunities to try something new, our events are all about enjoying yourself, meeting people and discovering just how sociable life at an Adlington community can be.

Visit our location pages to see what's on.



Get comfortable before winter

We all prepare our homes for the colder months, perhaps it's worth preparing our lives, too.

September has a habit of changing our mindset. Summer may not be quite over, but there's a sense of a new season approaching and we start thinking ahead. The boiler's serviced, warmer coats reappear, logs are stacked, tyres checked and flu vaccinations booked. Then the garden's tidied and gutters checked before the leaves begin to fall.

We prepare because we know that a little thought now can make life considerably easier later. So, what if we applied the same thinking to the way we live?

For many people, another winter in a much-loved family home also means another season of keeping it running. There's the heating to think about, paths to keep safe, gardens to manage, maintenance jobs to arrange and the nagging worry of what might need repairing next.

Then there are the shorter days themselves. Friends may venture out less often, family visits can become more difficult and spontaneous conversations over the garden fence become increasingly rare.

Now imagine a rather different winter.

Your apartment is warm and comfortable, and the gardens are beautifully maintained by somebody else. There's an on-site team available 24 hours a day, providing reassurance without compromising your independence.

Step outside your own front door and there are familiar faces nearby. Perhaps you'll meet a neighbour for coffee, join an activity, enjoy lunch in the restaurant or simply stop for a chat on your way through the lounge.

And if you fancy shutting the door and spending the afternoon with a good book? You can do that too.



That's the important distinction. Community living isn't about being sociable all the time. It's about having choice. Company when you want it, privacy when you don't, and fewer of the responsibilities that can make maintaining a traditional home increasingly demanding.

September is also an excellent time to start exploring those choices. Simply visit a community, meet homeowners, look around the apartments, understand the costs and discover the support available to make moving easier.

You may decide the time isn't right or you might find yourself imagining something you hadn't expected: looking forward to winter.

The joy of giving back

Helping other people can take many forms. It might be offering a helping hand, sharing a lifetime of experience, raising money for a cause close to your heart or giving your time to support people in your community.

Whatever form it takes, giving back has a remarkable way of enriching our own lives too.

Researchers have recognised the connection between kindness and wellbeing. Studies suggest that people who volunteer or regularly help others often report greater life satisfaction, stronger social connections and a deeper sense of purpose. Retirement can provide the time and freedom to discover new ways of contributing, using the skills, compassion and experience built over a lifetime.

Across our communities, many homeowners continue to make a difference in their own unique way.

Sharing kindness

Helping others has long been associated with improved well-being, not only for those receiving support, but for those giving it too.

Researchers believe that contributing our time, skills and compassion can strengthen

our sense of purpose, build social connections and remind us that we all have something valuable to offer. For many people, those rewards become even more meaningful in retirement.

It's something Broadleaf House homeowner Rob understands well. Every Friday, he and his Bichon dog, Toby, visit a local care home.

The pair have become familiar visitors, with residents looking forward to Toby's arrival each week. For some, he sparks conversations about dogs they've owned over the years. Others are happy to sit with him for a while, enjoying the comfort and companionship he brings.

For Rob, those visits are about far more than taking Toby for an outing.

"Two of the residents, Jean and Eileen, light up when Toby arrives. They adore him. Some cuddle him, others just enjoy



his soft coat and calming presence. Watching a room full of people smile because of your dog and knowing that we're bringing them a bit of joy, that's priceless."



Supporting others has always been an important part of Rob's life. Over the years he has raised money for Cancer Research UK and the British Heart Foundation, driven friends to hospital appointments and looked for opportunities to help wherever he could.



Sharing experience

Retirement often marks the end of a career, but it doesn't diminish a lifetime of knowledge, skills or experience. In fact, research suggests that continuing to contribute in meaningful ways, whether through volunteering, mentoring or community involvement, can strengthen our sense of purpose and wellbeing. Having the opportunity to use what we've learned over the years doesn't just benefit others. It reminds us that we still have something valuable to offer.

For Steve and Terri Conway at The Newells, that's exactly what retirement has become.

Steve currently serves as Mayor of Kempston, while Terri, a former Mayor herself, continues to serve alongside him as a town councillor. Alongside these roles, Steve chairs Bedford Men in Sheds, creating opportunities for



people to learn new skills, make friends and enjoy practical projects together. Terri also teaches mixed media art, helping others discover hobbies that bring enjoyment and confidence.

Although retirement has brought greater flexibility, neither of them felt ready to stop contributing to the community around them.

Instead, they have embraced the opportunity to spend more time doing the things they enjoy while helping other people along the way.

Their story reflects something seen across many Adlington

Retirement Living communities. Homeowners organise coffee mornings, welcome new neighbours, share hobbies, mentor others, support local charities and bring people together through activities that make everyday life richer for everyone involved.

Sharing skills

Sometimes the smallest acts of generosity can have the biggest impact.

When Well-being and Hospitality Manager Donna Cowell mentioned that her premature granddaughter's neonatal unit welcomed donations of tiny knitted hats and soft comfort blankets for babies and their families, one of Adlington's knit and natter groups was keen to help.

Donna expected a few handmade gifts. Instead, homeowners presented her with two carrier bags filled with beautifully knitted items

and heartfelt letters for families with babies receiving specialist neonatal care.

"It was overwhelming," Donna recalled. "The generosity of the homeowners was incredible. Every item had been made with such care and love, and knowing what those families were facing made it even more special."

Those knitters may never meet the families who received their gifts, but that wasn't the reason they picked up their needles. They wanted to offer comfort, encouragement and hope during one of life's most challenging moments.

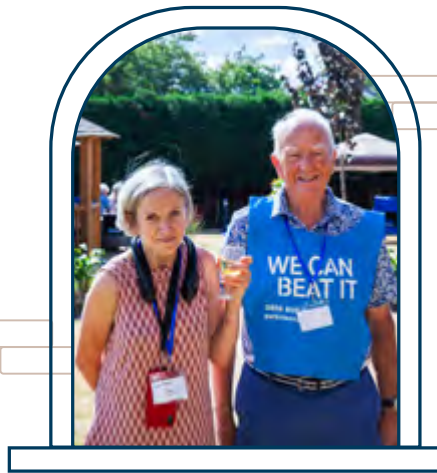
Acts like these remind us that giving back doesn't always require a major commitment. Sometimes it begins with a skill we've enjoyed for years and the decision to use it in a way that helps somebody else.

Sharing understanding

For Broadleaf House homeowner John Lawton, helping others has grown from personal experience.

More than 20 years ago, his wife was diagnosed with Parkinson's disease. Looking for advice and reassurance, they found support through Parkinson's UK and discovered the value of speaking to people who understood exactly what they were going through.

That experience inspired John to become more involved with the charity, and today he is President of the Royal Sutton Coldfield Branch of Parkinson's



UK, supporting more than 65 local people and their families every week. Over the years, the branch estimates it has contributed more than £180,000 towards Parkinson's research while also funding local activities and support services.

"Like most people when someone is first diagnosed with Parkinson's, you don't know where to turn," John said. "Over the years we've built a wonderful community where people help each other, share advice and know they're not facing things alone. That's why it's remained such an important part of my life."

Earlier this year, John worked alongside the Broadleaf House team to organise a charity garden party, bringing together homeowners, families and members of the local community to raise funds for Parkinson's research and local support services.

His story is a reminder that some of the most valuable support comes from people who have walked a similar path. Their understanding, encouragement and

reassurance can make an enormous difference to someone facing uncertainty.

A lifetime of making a difference

Whether it's volunteering every week, supporting a local charity, passing on a skill, organising an event or carrying out small acts of kindness, giving back has a ripple effect that reaches far beyond the original gesture.

For some, it's a chance to use the knowledge and experience they've built over a lifetime. For others, it's about bringing comfort, creating opportunities or helping people who are facing similar challenges. However they choose to contribute, these homeowners show that making a difference doesn't have to involve grand gestures. Often, it's the time we give, the skills we share or the encouragement we offer that leaves the greatest impression.

Perhaps that's why helping others feels so rewarding. The impact reaches well beyond the people receiving that support. It gives us purpose, strengthens our connections with others and reminds us that we all have something valuable to offer.

As these homeowners have shown, retirement doesn't mark the end of making a difference. For many, it's the beginning of a new chapter of giving back.

Autumn Awaits

What we're looking forward to as the evenings draw in

Something to Read

Due to publish this month, Richard Osman's *We Solve Murders* series returns, with *We Chase Shadows* featuring Amy, Steve and Rosie chasing another mystery across Italy, Palm Springs, Barcelona and an English village pub.

Something to Do

Plant a bulb 'lasagne'. Layers of bulbs planted at different depths in one container, designed to flower in succession. Try tulips deep down, daffodils in the middle and tiny crocuses or grape hyacinths nearer the top. Come spring, your seemingly ordinary pot should produce wave after wave of colour.

Something to Watch

Luke Evans stars alongside Tom Cullen, Joanna Scanlan and Lindsay Duncan in *The Party*, a five-part adaptation of Elizabeth Day's novel. A lavish birthday party at a country estate exposes secrets surrounding the lifelong friendship between a journalist and a wealthy politician. ITV confirms it is coming later in 2026 and will air on ITV1 and ITVX.

QUIZ ANSWERS - 01 Equal night | **02** John Keats | **03** Jupiter | **04** Charles II | **05** Resorption | **06** Harold Godwinson (Harold II) | **07** Pears | **08** Iron | **09** Vincent van Gogh | **10** Antonio Vivaldi



MOVE OVER, HOT HONEY... WHAT'S NEXT?

British tastes never stand still. Here are three foods you might soon find appearing in a kitchen, restaurant or supermarket near you.

JAPANESE MILK BREAD **could be September's breakout food**

Japanese milk bread, or Shokupan, is rapidly gaining popularity in Britain. It's exceptionally soft, fluffy, slightly sweet bread made using a Japanese technique that helps it retain moisture. Waitrose has reportedly seen searches for milk bread rise by 617%, while British restaurants and bakeries are increasingly using milk buns for everything from egg sandwiches to burgers.

WEST AFRICAN FLAVOURS

This could be the next kimchi-style journey from niche to mainstream. Ocado says searches for African food increased 93% year-on-year and tipped West African cuisine as one of its major 2026 trends.

Look out for jollof flavours, plantain and fonio - an ancient West African grain that's starting to be positioned as an alternative to rice or quinoa.

And an unexpected comeback: BEEF TALLOW

Very much a case of everything comes around again. Traditional rendered beef fat is returning to British kitchens. Ocado reports searches for tallow up 119% year-on-year, driven partly by renewed interest in traditional cooking fats and high-temperature roasting.

THE PEOPLE WHO MAKE EVERY DAY BRIGHTER



David, homeowner, catches up with Jane, General Manager

Whether it's sharing a coffee, stopping for a chat or just knowing there's someone nearby, the connections we make every day can have a remarkable impact on our wellbeing.

SOMETIMES IT'S THE SMALLEST CONVERSATIONS THAT MAKE THE BIGGEST DIFFERENCE .

A friendly hello. Catching up over coffee. Seeing familiar faces. Stopping for a chat on the way to lunch.

Lesley, who moved to The Newells, puts it perfectly: "Even if you're just putting the rubbish out, you'll exchange a few words with somebody. The staff are always really pleasant and chatty. It sounds funny, but just a few words with somebody can really lift your mood."

It's something many of us recognise, even if we don't always think about it. Life changes as we get older. Retirement, bereavement, moving house, caring responsibilities or changes to our health can all affect how often we see other people. Research from Age UK highlights how these changes can gradually reduce our everyday social contact.

Interestingly, that research also found that many older men don't describe themselves as lonely. Instead, they talk about missing the chats they used to have at work, feeling less useful after retirement or seeing fewer people day to day.

FINDING COMMUNITY

For Frank, that realisation came after the loss of his wife, Janet. Living alone in a large

family home, he found that downsizing wasn't really the answer.

"What I needed was a community."

Today, life at Brookfields House looks very different. He has made new friends, enjoys taking part in the book club and says he settled in straight away. Looking back, he has no regrets about making the move.

David's experience followed a different path but led him to a similar conclusion.

After losing his wife, Jean, he remained in the family home for more than a decade before deciding it was time to move.

"I remember saying once to a lady at church, not all that long after Jean had died, 'You know, I never spoke to a person yesterday,'" he recalls.

Now, he says, that's hard to imagine.

"The camaraderie is one of the best things about living here, without a doubt, because I see far more people than I ever did..."

There's a real community spirit and we're just having more fun."

Age UK says that's exactly why staying connected matters. Their research suggests that regular opportunities to see

familiar faces, enjoy everyday conversations and feel part of a community all play an important role in supporting wellbeing as we get older.

COMPANY WHEN YOU WANT IT

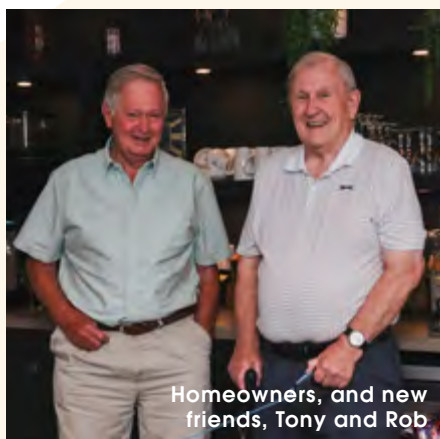
Tony was looking for something similar when he chose to move.

"I needed somewhere with community. Somewhere where I could be alone if I wanted to be or go and have a coffee with people if I fancied it."

Today, he enjoys lunches with friends, theatre trips, cinema outings and knowing there's always someone nearby when he feels like company. As he puts it:

"Here I have friends on tap if I want them, privacy when I don't."

That balance between independence and companionship is something many homeowners value.



Homeowners, and new friends, Tony and Rob

Rob agrees: "Being part of the community is a huge plus. The activities really help foster that sense of connection. You can get as involved as you want without feeling pressured. That was important to me."

A SENSE OF BELONGING

Across all of these stories, one theme stands out. More than anything else, people talk about the everyday conversations, familiar faces and reassurance of knowing they're part of a community.

Life is full of change, but one thing doesn't change: we all need people around us.



Lesley, homeowner, enjoys the casual chats

EVERY LITTLE CONNECTION COUNTS

Sometimes the smallest moments have the biggest impact.

SAY YES TO A COFFEE.

Even a short catch up can brighten your day.

KEEP A REGULAR DATE.

Whether it's a weekly walk, quiz, exercise class or book club, routines help friendships flourish.

RECONNECT WITH

SOMEONE. A quick phone call to an old friend is often appreciated more than you think.

TRY SOMETHING NEW.

Joining a local group or activity is a great way to meet people with shared interests.

START THE

CONVERSATION. A friendly hello to a neighbour or someone new could brighten both your days.





£20

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EST. 1884
GIFT CARD

Free gift card
with every tour†

Join us for Coffee and Cake

Drop by for our monthly coffee and cake events, or call to arrange a private visit at any of our locations.

Call us to find out more



Find a home

One, two and three-bedroom retirement living apartments for sale from £199,950 to £894,950*.



The Sidings, Lytham

Final few remaining

01524 917888



The Spindles, Menston, near Ilkley

Over 70% sold

01943 660530



The Newells, Kempston

Over 50% sold

01234 988200



Broadleaf House, Wyld Green

Over 50% sold

0121 817 8680



Brookfields House, Newcastle-under-Lyme

Full tours available

01782 958850



Radford House, Exeter

Full tours available

01392 341515



Artist's impression

Riverside Gardens, Knaresborough

Full tours available

01423 222478



Get in touch

We're here to answer
any questions you
might have



To find out more

Visit **adlington.co.uk/GEB**

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*Terms and conditions apply. *Prices correct at time of publication, additional charges apply. See website or call for details. Images shown for illustrative purposes only.

†One Gift Card per household, for first time tours only. Gift Card will be sent to home address within 14 days of tour.

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